

Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Abdominal Aortic Aneurysm		\$0 copay	For planned preventive services that become diagnostic during
Screening			the screening, cost sharing may apply.
Acupuncture - Medicare Covered		\$30.00	Medicare criteria must be met.
for Chronic Back Pain			• Up to 12 visits in 90 days.
			• 8 additional sessions will be covered if improvement is
			demonstrated from the initial 12 visits
			No more than 20 visits in a calendar year.
Alternative Medicine:* 2023 name		0% coinsurance	5
change to Health and Well Being,			
Acupuncture and Naturopathy, No	n-		
Medicare Chiropractor			
AIR Ambulance (Non-emergency)		\$325.00 copay one way	Covered, provided Medicare criteria are met.
Ambulance, Ground and Air		\$325.00 copay one way	Covered, including air ambulance, provided Medicare criteria
(Emergency)			are met.
Ambulance, ground (Non-		\$325.00 copay one way	Covered, provided Medicare criteria are met.
Emergency)			
Anesthesiologist (Anesthesia)		20% coinsurance	For professional services.
Annual Wellness Visit/AWV (Also,		\$0 copay	All Medicare members who are no longer within 12 months
see Welcome to Medicare			after the effective date of their first Medicare Part B coverage
Preventive Visit)			period and who have not received a Welcome to Medicare Visit
			(AWV or Initial Preventive Physical Exam/IPPE) within the past
			12 months
Bone mass measurement (Bone	PA Required if more often than	\$0 copay	For planned preventive services that become diagnostic during
Density)	once every 2 years.		the screening, cost sharing may apply. CMS limitations apply,
			every 2 years; or more frequently if medically necessary.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Breast cancer screening		\$0 copay	For planned preventive services that become diagnostic during
(mammograms, mammography)			the screening, cost sharing may apply.
			 One baseline mammogram between the ages of 35 and 39
			 One screening mammogram every 12 months for age 40 and
			older
			Clinical breast exams once every 24 months
Cardiac rehabilitation services	No.	20% Coinsurance	
Cardiovascular disease risk		\$0 copay	For planned preventive services that become diagnostic during
reduction visit			the screening, cost sharing may apply.
Cardiovascular disease testing		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.
Cervical and vaginal cancer		\$0 copay	For planned preventive services that become diagnostic during
screening (Pap tests, pelvic exams)			the screening, cost sharing may apply.
			• All women: Every 24 months
			High risk of cervical cancer or abnormal pap: Every 12 months
Chiropractic services, Medicare	See Prior Authorization List and	\$15.00 copay	Only manual manipulation to correct subluxation. Massage
covered	Procedure Code Look Up Tool.		therapy not covered. Per CMS x-rays billed by a chiropractor are
			not covered. X-rays are covered if performed by Radiologist.
			Also See supplemental benefit Health and Wellbeing.
Clinical Trials	See Prior Authorization List and		
	Procedure Code Look Up Tool.		



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Colorectal cancer screening		\$0 copay	For planned preventive services that become diagnostic during
(Colonoscopy, Sigmoidoscopy)			the screening, cost sharing may apply.
			For age 50 and older:
			• Sigmoidoscopy every 48 months
			• Fecal occult blood test, every 12 months
			For at high risk of colon cancer:
			Screening colonoscopy every 24 months
			Not at high risk of colon cancer:
			• Screening colonoscopy every 10 years (120 months) but not
			within 48 months (2 years) of a screening sigmoidoscopy.
Cosmetic surgery or procedures	See Prior Authorization List and		Only covered because of an accidental injury or to improve a
(Partial Exclusion)	Procedure Code Look Up Tool.		malformed part of the body. All stages of reconstruction are
			covered for a breast after a mastectomy, as well as for the
			unaffected breast to produce a symmetrical appearance.
Custodial Care for Facility, Medicare	Not Covered	Not Covered	Custodial care is personal care that does not require the
Part A (Exclusion)			continuing attention of trained medical or paramedical
			personnel, such as care that helps with activities of daily living,
			such as bathing or dressing. Custodial care is not medically necessary.
Custodial Care for Professional,		20% Coinsurance	•Ef Medicare Part A for a hospital or skilled nursing facility (SNF)
Medicare Part B			stay is not covered because it's considered custodial care,
			individual Medicare Part B services that are reasonable and
			medically necessary to treat the patient's illness or injury, like
			periodic patient visits by a physician are covered.
			● Eustodial care doesn't exclude payment for Part B claims for
			medically necessary ancillary service.
			●Bospice related care is covered by Original Medicare not CHPW
Dental Services (Medical Services,	See Prior Authorization List and	See specific medical services for	Covered services limited to surgery of the jaw or related
Not Routine Dental)	Procedure Code Look Up Tool.	1	structures, setting fractures of the jaw or facial bones,
		coinsurance.Submit claims to CHPW	extraction of teeth to prepare the jaw for radiation treatments
			of neoplastic cancer disease, or services that would be covered
			when provided by a physician.



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Dental Services (Supplemental	Referral not required for	Cost share is anything over \$500.00	Unlimited preventive (cleaning, etc.) with \$500.00
Routine Preventive and	supplemental dental services.	comprehensive benefit maximum.	comprehensive services max. Must see Delta Dental In-Network
Comprehensive)		Must see Delta Dental In-Network	Provider. Submit claims to Delta Dental.
		Provider. Submit claims to Delta	
		Dental.	
Depression screening		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.
Diabetes screening		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.
Diabetes self-management training,	Prior auth required when glucose	\$0 cost share	No cost share:
diabetic services and diabetes	monitor, shoes or inserts (orthotics)	Self management training requires	Blood glucose monitor
supplies (DME)	greater than \$500.00	a referral.	Blood glucose strips
			Lancet devices
			Glucose-control solutions for checking accuracy of strips and
			monitor
			One pair of diabetic shoes per calendar year
			• 2 sets of shoe inserts (orthotics) covered per calendar year
			(diabetic)
Durable medical equipment (DME)	Some DME requires prior	*20% Coinsurance	Covered, provided Medicare criteria are met. DME includes,
and related supplies	authorization, check procedure		wheelchairs, hospital beds, walkers, oxygen. *When primary
	codes for details. All DME with a		diagnosis is COPD the coinsurance is zero.
	purchase price greater than		
	\$500.00 allowed amount requires		
	prior authorization.		
Emergency care (Emergency Room,		\$100.00 (facility) copay for ER visit	\$100.00 copayment waived if admitted as inpatient within the
ER)			same hospital within 24 hrs.
Emergency care (ER Physician		0% coinsurance	
Service)			
Emergency care: Supplemental		20% Coinsurance	\$25,000.00 Maximum - ER coinsurance is not waived if admitted
World Wide - Facility and			to hospital. Amount paid does NOT count toward your
Professional Services			maximum-out-of-pocket (MOOP) amount.
Enteral Feedings, Tube Feedings	Yes	20% Coinsurance	
(Infusion Therapy, DME)			
Enteral Formula (Infusion Therapy,	Yes	20% Coinsurance	
DME)			



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Eye exam - Medicare Covered		*\$40.00 copay	Exams to diagnose diseases and conditions of the eye covered
(medical vision disease)			by Medicare. *When the primary diagnosis is diabetes for a
			retinal exam and the exam is performed by an endocrinologist
			or ophthalmologist, the copay is zero. If provider is not
			participating, then plan approved referral is required. Submit
			claims to CHPW.
Eye exam - Routine Vision (VSP		In network \$0 copay	Through VSP - One Well Vision every year. Members must use
Advantage)			the VSP Advantage Network for in-network benefits. Out of
			network - \$45.00 is allowed toward the cost of the exam.
			Submit claims to VSP.
Eye Wear - Medicare covered (Post		20% Coinsurance	Covered, provided Medicare criteria are met. One pair of
Cataract Vision Surgery)			eyeglasses or contact lenses includes insertion of an intraocular
			lens after each surgery. Submit claims to CHPW.
Eye Wear - Prescription Contacts,		●Available every 2 years.	Members must use the VSP Choice Network for in-network
frames, vision lenses, upgrades (VSP		• In VSP Choice network	benefits. Out of network - Any amount over the out of network
Choice)		● Erame or contact lenses instead of	annual allowance is patient responsibility. Submit claims to VSP.
		glasses - \$150.00 every year	• Frame, \$70 allowed toward costs.
		allowed toward cost.	• Contact lenses (in lieu of lenses and frame) \$105.
		• In VSP Choice network - Lenses	• Single vision Lenses - up to \$30
		(for glasses) - \$0 copay for the	• Lined bifocal - up to \$50
		following lenses:	• Lined trifocal - up to \$65
		o Single Vision	• Lenticular - up to \$100
		o Lined bifocal	• Progressive - up to \$50
		o Lined trifocal	
		o Lenticular	
		• Lens enhancements not included	
		in the \$0 copay. Lens	
		enhancements are member's	
		responsibility. Average 30% savings	
		on lens and enhancements.	
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Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Eye and Vision Services Not		Not Covered.See Additional	Radial keratotomy not covered
Covered by Medicare (Exclusions)		Information	LASIK surgery not covered
			Vision Therapy not covered
			• Low Vision Aids not covered
Genetic Testing Not Related to	Yes	20% Coinsurance	
Pregnancy			
Hearing exam (Medicare covered-to		\$20.00 copay	Covered, provided Medicare criteria are met. Routine hearing
diagnose and treat specific diseases			exams, hearing aids, and hearing aid fittings are not covered by
and conditions-)			Medicare.
Hearing exam (Routine not covered	Not Covered	Not Covered	Not Covered
by Medicare) Exclusion			
Hearing services (hearing aid	Not Covered	Not Covered	Not Covered
fittings, hearing aids) Exclusion			
HIV screening		\$0 copay	For planned preventive services that become diagnostic during
			the screening, cost sharing may apply.
Home health agency care	Required for Home Health Services.	\$0 coinsurance	20% coinsurance for durable medical equipment (DME) still
	Services related to the Home Health		applies when related to Home Health services.
	care may also require prior		
	authorization, for example		
	medication, enteral nutrition.		
	Review Prior Authorization list for		
	related services.		
Homemaker Services (Exclusion)	Not Covered	Not Covered	Services include basic household assistance, light housekeeping
			or light meal preparation.
Hospice care (inpatient and home)	No.		You pay nothing for hospice care from a Medicare certified
			hospice. You may have to pay part of the cost for drugs and
			respite care. Hospice is covered outside of our plan.
Hyperbaric oxygen treatment	Yes	20% Coinsurance	



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Immunizations		\$0 Coinsurance	Covered:
			- pneumonia
			- influenza (flu shot)
			- Hepatitis B
			- COVID-19
			- Other vaccines if at risk and meet Original Medicare Part B
			coverage rules
			*Shingles vaccine (Zostavax) is covered under pharmacy - Part D
			Benefit*
	Not Required for Infusion Therapy		Not Required for Infusion Therapy Services. Services related to
	Services. Services related to the		the Infusion Therapy care may require prior authorization, for
	Infusion Therapy care may require		example medication, enteral nutrition. Review Prior
Infusion Therapy, Home Infusion	prior authorization, for example	20% coinsurance	Authorization list for related services.
Therapy	medication, enteral nutrition.	20% comsurance	
	Review Prior Authorization list for		
	related services.		
		2004.0.1	
Injections, Injectable drugs	See Prior Authorization (PA) List	20% Coinsurance	Covered, provided Medicare criteria are met. Includes
(Prescription drugs Medicare Part B	Note: All Unclassified biologics		chemotherapy related drugs, drugs related to home dialysis,
medical benefits)	(J3590) require a prior		B12, etc.
	authorization.		
Inpatient hospital Blood (including		No Blood Deductible	Coverage begins with the first pint of blood needed. Includes
inpatient skilled nursing		0% coinsurance	storage and administration. The patient is responsible for any
facility/SNF)			other applicable coinsurance amounts.
Outpatient Blood		No Blood Deductible	Coverage begins with the fourth pint of blood needed. Coverage
		0% coinsurance	of storage and administration begins with the first pint of blood
			needed. The patient is responsible for any other applicable
			coinsurance amounts.
Inpatient hospital (acute) care	Yes	Days:	All admissions, planned and urgent, require notification within
		1-4 - \$500.00 per day	24 hrs. or next business day. Each time a member is admitted
		5-90 - \$0 per day	for a new inpatient stay the copay will apply.
		Over 90 - \$0 per day	
Inpatient Professional Services		20% Coinsurance	



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Inpatient Hospital (facility) mental	Yes	Days:	All admissions, planned and urgent, require notification within
health, psychiatric, psychiatrist)-		1-10 - \$175.00 per day	24 hrs. or next business day. Each time a member is admitted
care		11-90 - \$0 per day	for a new inpatient stay the copay will apply. Not psychiatric
		Lifetime reserve days= 60 - \$0	hospital, same cost shares as acute care. Plan covers 90 days for
			an inpatient stay. 190-day lifetime limitation in a psychiatric
			facility. This limitation does not apply to inpatient psychiatric
			services furnished in a general hospital.
Inpatient rehabilitation services	Yes	Days:	All admissions, planned and urgent, require notification within
(physical, speech, occupational		1-4 - \$500.00 per day	24 hrs. or next business day. Each time a member is admitted
therapies)		5-90 - \$0 per day	for a new inpatient stay the copay will apply. Same cost shares
		Over 90 - \$0 per day	as acute care.
Inpatient services covered during a		20% coinsurance	Covered, provided Medicare criteria are met.
non-covered inpatient stay			
Inpatient substance abuse (SUD)	Yes	Days:	All admissions, planned and urgent, require notification within
		1-4 - \$500.00 per day	24 hrs. or next business day. Same cost shares as acute care.
		5-90 - \$0 per day	
		Over 90 - \$0 per day	
Kidney disease and conditions	NO. Effective 01/01/2016	20% coinsurance	
(Hemodialysis, Dialysis, End Stage	Notification is required.		
Renal Disease/ESRD)			
Kidney disease education (on	No.	0% cost share	Medicare covers 6 sessions of kidney disease education per
dialysis)			lifetime per Medicare.
Mastectomy related bras and supplies (DME)	If over \$500.00	20% cost share	
Meal, Meals Benefit		0% cost share	Meals can be delivered to the home upon discharge from a
(Supplemental)			hospital or skilled nursing facility. 2 meals per day up to 14 days
(саррисшения)			after discharge, up to 6 occurrences per year. Meals to dine
			with members that are inpatient are not covered.
Medical nutrition therapy	No	0% cost share	Education for people with diabetes, kidney disease (patient not
education			on dialysis) post kidney transplant. 3 hrs. for first year. 2 hrs.
			each year after the first year.
Nurse Advice Line		0% cost share	24 hour nurse hotline available: 1-866-418-1002 or TTY 1-866-
			418-1006



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Obesity screening and obesity		0% cost share	Covered, provided Medicare criteria are met, e.g., body mass
(counseling) therapy			index (BMI) of 30 or more, etc.
Organ (Living) Donation	Yes	20% coinsurance	All admissions, planned and urgent, require notification within
(Transplant)			24 hrs. or next business day.
Orthotics (Supportive Devices for	Only covered for diabetic foot	\$0 cost share	• 2 sets of shoe inserts (orthotics) covered per calendar year
feet)	disease.		only for diabetic foot disease.
	Prior auth required for orthotics		
	(shoe inserts) greater than \$500.00.		
Outpatient diagnostic tests and	Some require prior authorization.	0% Medicare covered lab	
therapeutic services (lab, radiology,	Check PA List and Procedure Codes	\$15 copay x-ray outpatient facility	
x-ray)	for more details.	fee does not include scans (CT, MRI,	
		PET, etc.) Does not include	
		professional fees.	
		20% Other diagnostic procedures	
		(includes scans)	
Outpatient hospital services,	See Prior Authorization List and	\$325.00 copay outpatient facility	
includes Observation	Procedure Code Look Up Tool.	fee maximum. Does not include	
		professional services.	
Outpatient mental health (not		\$30.00 copay	Copay the same for group therapy. Must be Medicare eligible
psychiatrist)			provider. Per CMS, some 'counselors' are not eligible to perform
			services for Medicare and Medicare Advantage members.
Outpatient psychiatrist care		\$30.00 copay	Copay the same for group therapy.
Outpatient rehabilitation services	Prior authorization required after	\$30.00 copay for therapy services	12 visits allowed for each type of therapy. 12 PT, 12 OT and 12
(physical, PT, speech,ST,	initial 12 visits.		ST. Prior Authorization is required for additional visits after the
occupational therapy,OT)		\$30.00 copay and or 20% facility	initial 12 visits. Evaluation and reevaluation is separate from the
		fees for other additional services	12 visits.
		when performed in a facility.	
Outpatient substance abuse	Yes	20% coinsurance	Opioid Treatment Services, to allow codes G2067 through
services		2070 combarance	G2080, the provider must be certified with SAMSAH and
			enrolled with Medicare.
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Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Outpatient surgery, ambulatory	See Prior Authorization List and	\$325.00 copay for ASC facility fees.	
surgical centers (ASC)	Procedure Code Look Up Tool.		
Over the Counter (OTC)	Not Covered	Not Covered	
medication/pharmacy			
Partial hospitalization service		20% coinsurance	Must be Medicare eligible provider. Per CMS, some 'counselors'
(intensive outpatient mental health			are not eligible to perform services for Medicare and Medicare
services)		40 6 505 500 1	Advantage members.
Physician/Practitioner/PCP		\$0 copay for PCP E & M service	
services, including doctor's office		20% coinsurance for all other	
visits		services	
Physical Exam, See Welcome to		See Welcome to Medicare	See Welcome to Medicare Preventive Visit and Annual Wellness
Medicare Preventive Visit and		Preventive Visit and Annual	Visit
Annual Wellness Visit		Wellness Visit	
Podiatry Services (Foot Care) When		No copay \$0.00	4 visits each year - Not limited to Medicare covered diagnosis
Not Covered by Medicare		0% Coinsurance	codes. NEW, when the primary care is Diabetes an additional 4
(Supplemental Benefit)			visits each year for a total of 8 Non-Medicare covered visits.
			The specialist copay does not apply to podiatrists for these
			services.
Podiatry Services (Foot Care)		No copay \$0.00	Limited to Medicare covered diagnosis codes.
Medical Medicare Covered		0% Coinsurance	The specialist copay does not apply to podiatrists for these
			services.
Prescription drugs Medicare Part B	See Prior Authorization List and	20% coinsurance	Includes chemotherapy related drugs, drugs related to home
medical benefits (injectable drugs,	Procedure Code Look Up Tool.		dialysis, etc.
injections)	·		
Prescription drugs Medicare Part D		Pharmacy is covered	Over the counter (OTC) not covered
pharmacy benefit (drug list,			
formulary)			
Primary Care Physician (PCP)		\$0 copay for evaluation and	
		management (E & M) service	
		20% coinsurance for all other	
		services	



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Prostate cancer screening exams		\$0 copay	For planned preventive services that become diagnostic during
(PSA)			the screening, cost sharing may apply.
			For men over age 50:
			• Every 12 months: Digital rectal exam
			• Every 12 months PSA test
Prosthetic devices and related	See Prior Authorization List and	20% coinsurance	
supplies (DME)	Procedure Code Look Up Tool.		
Screening and counseling to reduce		\$0 copay	For planned preventive services that become diagnostic during
alcohol misuse			the screening, cost sharing may apply.
Screening for sexually transmitted		\$0 copay	For planned preventive services that become diagnostic during
infections (STIs) and counseling to			the screening, cost sharing may apply.
prevent STIs			
Shoes, Diabetic- SEE Diabetes self-			
management training, diabetic			
services and diabetes supplies			
(DME)			
Shoes, Orthopedic/Prosthetic with			Limited coverage. Prosthetic/Orthopedic Shoes that are part of
Braces (DME)	Yes, greater than \$500.00	20% coinsurance	a leg brace are covered and included in the cost of the leg brace.
			Ţ.
Skilled nursing inpatient facility	See Prior Authorization List and	Days:	No (zero) acute inpatient hospital days required prior to SNF
(SNF) care (Part A)	Procedure Code Look Up Tool.	1-20 - \$ 00.00 per day	admission. Custodial (not medically necessary) care is not
		21-100 - \$200.00 per day	covered. All admissions, planned and urgent, require
			notification within 24 hrs. or next business day. Each time
			member is admitted to a new SNF stay the copay will apply.
Skilled nursing facility (SNF)	See Prior Authorization List and	20% coinsurance	Part B (outpatient) coinsurance and benefit limits apply.
inpatient care (Part B)	Procedure Code Look Up Tool.		
Skilled nursing facility (SNF) Blood		No blood deductible	
		0% coinsurance	
Sleep Studies	No.	20% coinsurance	
Smoking and tobacco use cessation		0% Coinsurance	• Contact Optum at 1-866-784-8454 (1-866-QUIT-4-LIFE).
			No disease - 8 sessions per calendar year
			Disease related - 8 sessions per calendar year



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Sterilization Reversal (Exclusion)	Not Covered	Not Covered	Reversal of sterilization procedures and non-prescription
Specialist Physician Care/Services (does not apply to psychiatrists, mental health, lab or radiology)		*\$40.00 copay for E & M service.	contraceptive supplies. 20% coinsurance for all other services. *Zero copay when primary diagnosis is diabetes for endocrinologist *Zero copay when primary diagnosis is COPD for pulmonologist. *Zero copay when primary diagnosis is CHF for cardiologist. *See Eye Exam – Medicare Covered - for Retinal Exam benefit
Telemedicine, Telehealth (Virtual care)		Must meet Original Medicare criteria.	Covered. Must meet Original Medicare criteria.
Telemedicine, Telehealth (Virtual care) - Supplemental Transplant Evaluation/Work-Up	See Prior Authorization List and	Member cost share same as in- person cost shares for: Urgently Needed Services; Primary Care Physician Services; Physician Specialist Services; Individual and Group Sessions for Mental Health Specialty Services; Individual and Group Sessions for Psychiatric Services; Individual and Group Sessions for Outpatient Substance Abuse. Labs 0%	Medicare criteria does not have to be met.
Transplant Evaluation/ Work-Op	Procedure Code Look Up Tool.	Other professional services, related copays or coinsurance applies.	
Transplant	See Prior Authorization List and Procedure Code Look Up Tool.	20% coinsurance	Corneal transplant does not require prior authorization (PA), other transplants do require PA. All admissions, planned and urgent, require notification within 24 hrs. or next business day.
Transportation SEE AMBULANCE	See Ambulance	See Ambulance	See Ambulance



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
Unlisted Codes with Charge Greater	See Prior Authorization List and		Unlisted codes is the actual, AMA description of the service.
Than \$250.00	Procedure Code Look Up Tool.		Medical necessity documentation and pricing must be
			submitted with the request.
			Example: 43499, Unlisted procedure, esophagus.
Urgently needed care		\$0 copay for evaluation and	
		management (E & M) service	
		20% coinsurance for all other	
		services	
Vision Care SEE EYE EXAM AND EYE	See Eye Exam and Eye Wear	See Eye Exam and Eye Wear	See Eye Exam and Eye Wear
WEAR			
Welcome to Medicare Preventive		\$0 copay	1 visit lifetime max within 12 months of Part B effective date.
Visit (Initial Preventive Physical			For planned preventive services that become diagnostic during
Exam/IPPE or Annual Wellness			the screening, cost sharing may apply. If greater than 12 months
Visit/AWV)			from the effective date and did not receive a Welcome Exam
			see Annual Physical Exam
Wig (DME)	Yes if +\$500.00	20% coinsurance	Must be medically necessary and meet criteria to covered by
wig (Sinz)	10311 14300.00	20/3 comsurance	Medicare.
Lung Cancer Screening		\$0 copay	Limited to ages 55 through 77, once per year.
Lang cancer screening		φο coραγ	Emilia to ages 33 timough 77, once per year.
FITNESS BENEFIT		\$0 copay	Membership at participating fitness centers or 2 Home Fitness
			Kits per year:
			Includes:
			Access to Silver& Fit website including The Silver Slate
			newsletter, healthy aging education program, motivational tips
			and rewards.
			• 34 Home Fitness Kits to choose from
			Single fitness center access; can be changed once per month.
			Customer Service, open Monday through Friday, 5 AM
			through 6 PM PST
			• Tele. 1-877-427-4788



Benefit or Service	Prior Authorization	Member Cost Share	Additional Information
			Only for members who have symptomatic peripheral artery
			disease (PAD). No referral is required. The SET provider must
Supervised Exercise Therapy (SET)		20% coinsurance	meet Medicare requirements.
			Covered up to 36 sessions over a 12-week period if all of the
			components of a SET program are met.
Medicare Diabetes Prevention		No Cost Shares	Provider must be enrolled in Medicare as an MDPP supplier to
Program (MDPP)			bill for MDPP services.
			Therapeutic exercise-training program for PAD.
			Conducted in a hospital outpatient setting, or a physician's
			office
			Delivered by qualified auxiliary personnel necessary to ensure
			benefits exceed harms, and who are trained in exercise therapy
			for PAD
Pulmonary rehabilitation services	See Prior Authorization List and	20% Coinsurance	Comprehensive programs of pulmonary rehabilitation are
	Procedure Code Look Up Tool.		covered for members who have moderate to very severe
			chronic obstructive pulmonary disease (COPD) and a referral for
			pulmonary rehabilitation from the doctor treating the chronic
			respiratory disease.
Transgender Services		Cost share determined by service,	The procedure code must be covered by Original Medicare with
		e.g. outpatient hospital copay,	an allowed amount on the Medicare fee schedule. The PCLT can
		specialist visit, etc.	be referenced for covered codes and prior authorization
			requirements: https://forms.chpw.org/pclt.
Health and Wellbeing		0% coinsurance	12 visit limit which is a combination of visits from
			Acupuncturists, Naturopaths and Chiropractor visits not
			covered by Medicare. Massage therapy is not covered. X-rays
			performed by Chiropractor are not covered.
Member Total Out-of-Pocket (OOP)		\$9,350.00	